EPPING FOREST SCHOOLS PARTNERSHIP TRUST

LIMES FARM INFANT SCHOOL & NURSERY
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PE and Sports Premium Impact Statement 2025–26

School: Limes Farm Infant School and Nursery

Academic Year: 2025/2026

Total PE Budget Allocation: £16,840

Total Pupils Covered (including Nursery): 174

Executive Summary

The carefully planned expenditure of the Sports Premium Strategy at Limes Farm Infant School and Nursery delivered a direct, measurable, and positive impact across all key stages (Nursery, EYFS, and Key Stage 1) during the 2025–2026 academic year. By combining professional coaching, curriculum tracking tools, specialist lunchtime activity, external workshops, and an expanded roster of extra-curricular clubs, the funding successfully embedded daily exercise into school routine, elevated pupil performance, and broadened access to sports for all 174 pupils.

Key achievements of the strategy include:

- **Enhanced Skills & Participation:** Professional coaching and multi-sports specialists improved pupil coordination, performance, and agility in PE and during active lunchtimes.
- **Competitive Success & Community Links:** Active membership in the WESSUP sports partnership enabled pupils to represent the school across external events, culminating in key achievements such as the Year 1 and 2 football competitions and regional athletics at King Harold High School.
- **Inclusion & Broadened Horizons:** External workshops, Sports Days, and rotating after-school clubs (including multisports, football, hockey, and athletics) provided pupils with access to sports and physical experiences they might not otherwise experience at home.
- **Sustainable Quality:** Implementation of the *Get Set For PE* scheme provided progressive schemes of work and robust assessment tools, ensuring continuous tracking and sustainable, high-quality PE delivery.

1. Core Objectives

At Limes Farm Infant School and Nursery, the PE and Sports Premium funding was strategically allocated to improve the quality, breadth, and enjoyment of physical education and sports provision across all year groups. Supplemented by the school's budget, this strategy successfully embedded regular physical activity into daily school life, supporting pupils to build healthy, active habits and reach their full physical potential.

Key Strategic Focus Areas:

- **Daily Fitness & Activity:** Providing all pupils with daily opportunities to participate in outdoor fitness and adventure activities.
- **High-Quality Instruction:** Engaging professional coaches to deliver varied sports experiences and enhance PE progression across EYFS and Key Stage 1.
- **Teamwork & Competitive Play:** Facilitating participation in local sports partnerships, competitions, and collaborative sporting events.
- **Long-Term Wellbeing:** Promoting lifelong physical health, active habits, and emotional wellbeing across the school community.

2. Evidence of Impact & Pupil Outcomes

🤝 **Teamwork and Competition**

- **Community Participation:** Membership in local sports partnerships (WESSUP) and active participation in inter-school sports competitions ensured pupils reached their full potential across a range of skills and games. These events enabled children to experience community competitions and build vital teamwork skills.
- **Team Awareness:** The 'Sports Day/Workshop experience' was specifically structured to develop children's team awareness, sportsmanship, and cooperative skills.

🏆 **Key Events & Partnerships (2025–2026)**

- **Dance Workshop:** Provided creative movement and rhythm experience.
- **Year 1 & 2 Athletics:** Held at King Harold High School.
- **Sports Leader PE Sessions:** Conducted in partnership with Debden Park.
- **Year 1 and 2 Mixed Football Event:** Held at Shooters North Weald
- **Year 1 and 2 Girls Football Competition: School Events:** Held at Shooters North Weald
- **Whole-school Sports Morning**.
- **Great Athletes Event**- Completing circuits with GB Athlete Victoria Ohuruogu
- **Extracurricular Clubs:** Broad range including Hockey, Athletics, Football, and Multi-skills clubs.

🌟 Increased Skills, Experience, and Enjoyment

- **Variety of Sports & Skill Development:** Professional coaching delivered to EYFS and Key Stage 1 allowed pupils to build foundational physical skills, experiment with varied sports equipment, and gain confidence across different disciplines.
- **Broadened Sporting Horizons:** External providers delivered dynamic workshop experiences and sports events, introducing pupils to new, non-traditional sports that they might not typically access in their day-to-day lives.
- **Extra-Curricular Exposure:** A rotating timetable of after-school sports clubs expanded extra-curricular access, giving children opportunities to try activities beyond what is available to them at home.

💪 Health, Wellbeing, and Active Lifestyles

- **Developing Healthy Habits:** Strategic investments helped embed exercise as an essential, enjoyable part of a daily healthy lifestyle for all pupils.
- **Improved Physical Health & Wellbeing:** Dedicated sports programs and active sessions supported measurable improvements in overall pupil physical health and mental wellbeing.
- **Enhanced Performance & Agility:** Structured lunchtime sessions led by sports coach transformed unstructured break times into active fitness opportunities, directly improving pupils' coordination, agility, and performance.
- **Daily Outdoor Activity:** Every pupil across the school was provided with structured opportunities to participate in outdoor fitness and adventurous play every single day.

3. Provision & Resource Allocation Summary

Provision / Initiative	Target Groups	Impact Realised
Professional Coaching (EYFS & KS1)	Nursery, Reception, Year 1, Year 2	Enhanced pupil progress in PE, broadened skill sets, and introduced varied sporting experiences.
Active Lunchtime Multi-Sports	Reception, Year 1, Year 2	Created structured, focused fitness environments during breaks that improved coordination and agility.

WESSUP Partnership & Competitions	Key Stage 1	Enabled participation in regional athletics, football competitions, and sports leader sessions, fostering team spirit and competition.
Sports Day & External Workshops	Nursery, Reception, Year 1, Year 2	Raised the profile of physical activity across the school and boosted team awareness and coordination. Great Athlete Visit
After-School Clubs (Hockey, Football, Athletics, Multi-skills)	Reception, Year 1, Year 2	Broadened access to extra-curricular physical activities on a rotating basis for all pupils.
Curriculum Tracking ('Get Set For PE')	Reception, Year 1, Year 2	Provided progressive lesson plans and robust assessment tools to track physical progress and address learning gaps.

4. Sustainability & Next Steps

- **Staff Upskilling:** Working alongside professional coaches and utilising comprehensive curriculum schemes (*Get Set For PE*) has continually strengthened teacher confidence and delivery standards in physical education.
- **Sustained Community Links:** Maintaining partnerships with local secondary schools (King Harold High School, Debden Park, Roding Valley High School) and sports clubs (Shooters North Weald) ensures continued competitive opportunities for future cohorts.
- **Continuous Progress Tracking:** Ongoing monitoring via centralised assessment tools ensures high physical activity standards are maintained and future funding is deployed where it has the greatest impact on pupil progress.